

A day in the Life of a Smallholder Activity
Baiyer Valley, Western Highlands, Papua New Guinea

TIME	Men's activities as seen by older women	Women's activities as seen by older women
5.00am	Still asleep	Wake up, pray and devotion
6.00am	Get up	Prepare breakfast for children, fetch water
7.00am	Breakfast, garden	Gardening, weeding, clearing, planting, digging
8.00am		
9.00am		
10.00am		
11.00am	Rest	Collect food for family, go to market, return home
12.00pm		Wash, have lunch, go to market to sell surplus. If there is a fellowship time, no marketing.
1.00pm		
2.00pm	Few men help with pigs, most meet with other men in community chatting until dinner time	While at the market make bilums*
3.00pm		
4.00pm		
5.00pm	Eating dinner	Fetch water, feeding pigs, prepare dinner
6.00pm		Worship, dinner with family
7.00pm	Tell stories with family	Make bilums/family story time
8.00pm		Sometimes go out for prayer nights
9.00pm	Sleep	Sleep

* A bilum is a traditional bag made from natural or acrylic fibres. It is used for carrying goods or babies.